



ROSE PETALS

Lambda Alpha Newsletter
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Jane Riddle, Editor
jaeiriddle@swbell.net



February Meeting and Initiation of New Members

Members of the Lambda Alpha chapter enjoyed homemade soups, breads, and desserts before our February meeting. Chief of Police for the Spring Branch Independent School District, Officer Bruce Daring, spoke to us about how to anticipate, confront, and defend ourselves from danger. Also, we welcomed three new members by initiating Deborah Owens, Linda Burch, and Janet Cranmer. Biographies of our newest members will be in the next newsletter.



President
Brenda Lozano
281-224-7312
brendaklozano@gmail.com

First Vice President
Rosemary Armstrong
832-264-2333
letschowdown@yahoo.com

Second Vice President
Gloria Montalbano
713-774-0183
gomontalbano@sbcglobal.net

Recording Secretary
Martha Lynn Lewis
713-829-4945
marthallynnlewis@msn.com

Corresponding Secretary
Jane Riddle
281-578-3294
jaeiriddle@swbell.net

Treasurer
Mary Moreno
713-927-7984
Mary.moreno@springbranchisd.com

Parliamentarian
Leigh LaVergne
713-462-2004
Scylla1@sbcglobal.net

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Vision Statement
Leading women educators
impacting education
worldwide



Upcoming Events

March – possible social opportunity to see the performance of To Kill a Mockingbird at AD Players. If interested, make sure to answer Rosemary's email about this.

April 4, 2017 - Lambda Alpha Meeting at Mendenhall Community Center, 1414 Wirt @ Westview. Refreshments and social time starting at 4:30 p.m. Program is State Bound. During the meeting we will work on cards, bluebonnet pins, and finalizing chapter's responsibilities and plans for State.

May 2, 2017 – Founders Day Banquet at Fratelli's Restaurante, 1330 Wirt Road at Westview at 5:30 p.m.

June 22-25, 2017 – Texas State Convention in Houston, TX. More information coming.



 Birthdays 

February: Martha Lynn Lewis 4th, Clara Reimers 11th, Aimee Maldonado 14th, Ruby Schaper 18th, Linda Burch 20th, and Sonia Greiner 23rd.

March: Sue Thompson 17th and Kristy Schaper 18th.

If we have missed someone, please let us know. We are going off the information in the Year Book and do not want to miss a single birthday.

*Recipes from January
Brunch Meeting*

Martha Lynn Lewis' Garlic Grits Recipe

Microwave Version

- 1/2 cup Grits
- 2 cups boiling water. (salted)
- Add Grits to water & cook 3 minutes
- Add slowly 1/3 cup butter
- 2 eggs well beaten
- 1 6 oz. roll garlic cheese
- Microwave on med 8 minutes. Serves 4 people

January Recipe serves 12

Done on top of stove

- 6 cups of water (salted to taste)
- 1 1/2 cups of Grits. (Quick version)
- 4 eggs well beaten
- 1 stick butter
- 2 - 4 oz. pkgs of velvetta cheese
- 1 tsp to 1 tbsp garlic powder depends on your taste
- I started with 6 cups boiling water Added Grits cooked 4-5 minutes..
- Add butter, eggs, cheese & stirred until melted, poured into casserole. stored in icebox over night then started in cold oven then heated in oven for 45 minutes at 300 degrees & last 15 minutes at 350 degrees..





Jane Riddle's Breakfast Egg Muffins with Bacon and Spinach (Gluten Free also)

Yield is 12 muffins and cook time is 25 minutes.

Ingredients

- 6 eggs
- ¼ cup of milk
- ¼ teaspoon salt
- 2 cups grated cheddar cheese
- ¾ cup spinach, cooked and drained (about 8 oz. fresh spinach)
- 6 bacon slices, cooked, drained of fat, and chopped
- ½ cup grated Parmesan cheese

Hint: I prepared the bacon and the spinach the night before so that it was completely drained.

Instructions:

1. Preheat oven to 350 degrees. Use a regular 12-cup muffin pan. Spray the muffin pan with non-stick cooking spray (Pam).
2. In a large bowl, beat eggs until smooth. Add milk, salt, Cheddar cheese and mix. Stir spinach, cooked bacon into the egg mixture. Ladle the egg mixture into greased muffin cups ¾ full. **Hint:** Much easier to put the bacon and spinach in the cups first, then ladle in the milk, salt, and cheddar cheese mixture.
3. Top each muffin cup with grated Parmesan cheese.
4. Bake for 25 minutes. Remove from the oven, let the muffins cool for 30 minutes before removing them from the pan. For the Brunch meeting in January I doubled the recipe, however I made one batch of muffins at a time.

The Spectacular Texas Arts Retreat-STAR

To my dear talented Lambda Alpha sisters, read on, this is information you need! Do you love to craft as in crochet, woodworking, or Zentangle? Have you dabbled in paper folding, mosaics, photography or painting? Do you have a desire to perform as in singing, dancing, or acting? The Spectacular Texas Arts Retreat (STAR) has had all of these sessions and much more, occurring once a year just for us! Three years ago, the Texas State Organization officers voted to put on a craft weekend retreat similar to one that has long been a huge success in the state of Illinois. They invited several of the Illinois crafters to travel to Camp Allen in Navasota to help us put on our very first STAR weekend, and consequently, the steering committee organized one of the most fabulous events ever! Since then, every STAR weekend has grown in attendance and sessions, and after the first STAR, the Illinois delegation has continued to travel to Texas to attend because it's so darned fun; well, they also present sessions for us! The number of members attending from our chapter has grown each year. Word of the beautiful and relaxing accommodations at Camp Allen has spread, but ladies, aside from the sessions, the FOOD, oh, my goodness, the food...it's almost like having your mother on staff, as they serve everyone's favorite meals day after day! The price for three days of fun: \$225! All rooms, meals, and sessions totally included. I have poured my heart out to you about this event because I would not intentionally miss it myself if at all possible, and I hope I have conveyed this to each of you. For more information, please search Facebook for "Spectacular Texas Arts Retreat". They are down to approximately 20 slots left!

Leigh LaVergne

The STAR weekend for me was the perfect getaway, an experience filled with fun activities and fellowship. I met Delta Kappa Gamma sisters from all over the State and as far flung as Illinois. We learned together; we laughed together; we sang together and danced together.

Marie Helmy

Mission Statement

The Delta Kappa Gamma Society International promotes professional and personal growth of education of women educators and excellence in education.



**Minutes Lambda Alpha Chapter Delta Kappa Gamma
Initiation and Personal Protection Program
February 7, 2017**

The Lambda Alpha Chapter gathered at the Trini Mendenhall Harris County Community Center with the Call to Order at 4:30 p.m. After being welcomed by President Brenda Lozano and First Vice President Rosemary Nelson, a soup buffet was enjoyed by all. Leigh LaVergne prepared a multiple bean soup and Rosemary prepared a wild rice soup and a tomato soup. Several types of breads, a relish tray, a fruit plate, and cookies completed the refreshments. Rosemary introduced our speaker Officer Bruce Dareing, Chief of Police for Spring Branch Independent School District. Officer Dareing explained how to anticipate, confront, and defend oneself from danger. He was very informative and entertaining with his stories, ideas, and explanations of how to protect yourself.

The chapter business meeting began at 6:20 p.m. In checking attendance, fourteen members were present. Several members were not in attendance as they have had unfortunate things happen to them or were out of the country for various reasons. Surgery, break-ins, visiting families and fabulous trips were mentioned. The minutes from the January meeting were printed in the last newsletter and did not need any corrections. Mary Moreno handed out copies of the Treasure's Report. It stated as of January 31, 2017, the checking account had a balance of \$4,470.30 and the Savings Account had a balance of \$4,087.90.

In old business, a check for \$50 was sent to Patty Barrett for Hope for Youth in honor of her presentation at our last meeting. Everyone was reminded to sign up for the Star weekend for next year as it is at Camp Allen and three days of fun. An explanation was given that the Texas Chapters of DKG were making Bluebonnet Pins for the 2018 International Conference that will be held in Austin and that help was needed in making these pins.

The main topic of new business was The State Convention, which will be held at the Westin Galleria June 22 to June 25. Members will be needed to help with our assignment of Vendors. Everyone was reminded that CPE credit will be given if needed to attend different sessions. The April 7th, meeting is titled State Bound giving the chapter time to finalize all last-minute plans and craft projects. In March, there may be a social meeting attending the AD Theater and/or having lunch at Brookwood.

Marie Helmy was thanked for calling all the members to remind them of the meeting today. A beautiful Initiation ceremony followed by initiating Deborah Owens sponsored by Mary Moreno, Linda Burch sponsored by Brenda Lozano, and Janet Cranmer sponsored by Brenda Lozano. The meeting was concluded by singing the Delta Kappa Gamma Song. The meeting was adjourned at 7p.m. by a motion by Martha Lynn Lewis and seconded by Gloria Montabano.

Martha Lynn Lewis
Recording Secretary

President's Letter



What a February! Our February meeting saw our ranks grow by three as we welcomed into Lambda Alpha three wonderful women educators: Linda Burch, Janet Cranmer and Debbie Owens. We are proud to call them our sisters! An informative program provided by Rosemary Nelson and presented by Officer Bruce Dareing, Chief of Police for Spring Branch Independent School District preceded the beautiful initiation, presented by Clara Reimers. Safety truly is number one and Officer Dareing gave us great insight and information on how to stay safe. Thanks go out to all who provided our soup, relishes, bread, fruits, beverages and desserts. The fellowship shared during the meal was a comforting as the soup was to our bodies.

It is hard to believe that February is about to end and March to begin. In January we had a couple of very cold nights and many of us lost some cherished plants. Quickly it warmed up and some of us mused that February could be colder than January. Again, the weather in Texas had a mind of its own! 80's at the end of February are not unheard of but still unusual. In two weeks we will have Spring Break – sweet words to even those of us who have retired. Hold on – it is coming! We will see you again the 4th of April at 4:30 at the Trini Mendenhall Community Center for our “State bound” meeting. Fun activities, planning and the usual great food await us.

See you then,

Brenda